



OC 100



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OC 100 MARATHON CLUB

Founding Declaration

One Family · One Heart · One Life · One Hundred Marathons

1. Our Origin: A Seed Across Time

It all began with a scene from my childhood — the final sprint in ‘The Lonely Runner.’ In that moment, an inexplicable force surged through me, planting the seed of running a marathon. At first, I ran to become stronger on the soccer field. But in 2009, I met an 89-year-old man who ran 20 kilometers every single day, and I was profoundly shaken — a marathon is not a showcase of fitness, but a reverence for the very limits of life.

2. Our Journey: Passing the Torch to 100

From my debut marathon in 2009 — 4 hours and 1 minute — to 2026, I have completed 35 marathons. Sixty-five remain on the journey to one hundred. This is far more than one man's numbers game; it is the gene I am determined to pass on to my children: stay optimistic, never give up.

3. Our Philosophy: A Trinity of Life

1. Legacy and Values: We pursue more than medals — we strive to implant ‘optimism and resilience’ into the souls of the next generation.
2. Science and Foundation: We believe in scientific, systematic training — the only road to the finish line, and our profound respect for the body.
3. Love and Resonance: This is a long march of loving ourselves, our families, and our communities. Through the act of surpassing ourselves, we inspire everyone around us.

4. Our Belief

Most of us are perfectly ordinary — yet we can choose to be better than we were yesterday. The change may be too small to perceive, but of this we are certain — stay optimistic, never give up!

Stay Optimistic, Never Give Up!

Dong Wu (EASTON WOOD) • Founder, OC 100 Marathon Club

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